

Disability Resource

Centre

Mental Health

Foundation resources

helplines

2020



College  
Counsellor

Student  
Advice Service

Welfare  
officer

College Nurse

**MENTAL HEALTH AWARENESS WEEK**

# Mental Health Circle of Support

Big White  
Wall

Nightline



STUDENT  
ADVICE SERVICE

Qwell

GP

University Counselling  
Service

University well-being  
webpages